



INVITES YOU TO

## *Siblings Together*

*Facilitated by Judith McGill*

**When:** June 14<sup>th</sup> 10:00 am. - 3:00 pm.

**Where:** Girl Guide House, 121 SIMCOE STREET S. Oshawa

### **Join other siblings in a day of sharing and being together**

Adult siblings of individuals with developmental disabilities rarely take the time to come together and reflect on what the experience has meant to them. This event is an opportunity to do just that, whether you join the circle to simply listen or you take your turn at speaking.

Judith is a sibling herself and she is committed to ensuring that everyone who wishes, gets a chance to explore their thoughts and feelings in a safe context. Participants will be asked to listen deeply and refrain from advising or commenting on what others have said. Themes that emerge from the sharing of individuals will be brought into a broader conversation with the group as a whole.

The goal of the day is to explore the unique journey that we have been on as siblings and to enjoy each others company. We will finish the day by preparing a shared meal to allow for informal conversation and exchange.

To register or for more information call Judith McGill at (905) 770-2819 or email

[jlmcgill@rogers.com](mailto:jlmcgill@rogers.com) Cost: \$25.00 To learn more about us [www.familiesforasecurefuture.com](http://www.familiesforasecurefuture.com)

Judith McGill is a powerful adult educator and social innovator. She has been writing and speaking about leisure identities and community building for over twenty-five years. Her provocative style and inspirational ideas have transformed the lives of many of the people that she has come into contact with. Judith is currently the Executive Director of Families for a Secure Future, which is a provincial organization dedicated to providing Facilitation Support to individuals with developmental disabilities and their families. The focus is on supporting them to build networks of support and helping them to "re-imagine" their futures. She is also Director of Youth Speak Theatre a liberation theatre project in Ontario. As a sibling of a brother with cerebral palsy she is deeply committed to bringing about a transformative change in how people come to see themselves.