



INVITES YOU TO

## **Power of Support Circles**

**Facilitated by Judith McGill**

***Three Evening Workshop Series***

***THURSDAY May 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>***

***6:30-9:30 pm***

***Where: 25 Somerset Glen Drive, Guelph***

Our relationships shape who we are and give us a deep sense of belonging to something bigger. Now more than ever, people with disabilities are bringing their friends together into support circles to help them figure out how to take the next step, whatever that might be. These groups are powerful in the way they provide intentional and yet informal support to individuals.

For individuals with disabilities and their families inviting others to form a support circle can be one of the most courageous and remarkable things they will ever do. Reaching out in this way makes individuals and their families feel particularly vulnerable and yet it gives them access to multiple perspectives and resources like never before.

Join us to learn and reflect on what makes Support Circles so powerful. Topics will include:

- *Creating a Support Circle*
- *Benefits of Support Circles*
- *Potential Dangers of Support Circles*
- *Keeping the Support Circle Alive*
- *Creating a New kind of Dialogue*
- *Role of the Facilitator*
- *Planning and Decision-making within the Support Circle*

Learn more about us at [www.familiesforasecurefuture.com](http://www.familiesforasecurefuture.com)

***Costs: FSF Members \$50.00***

***Non-FSF Members \$75.00***

***Includes a light supper served at 6:00 to be ready to begin at 6:30 pm.***

***Must Register in Advance:***

*Please send name, email and cheque to*

*Joanna Goode 28 Delerín Cres. Erin ON N0B 1T0*

*Confirmation of registration will be sent by email*

Judith McGill is a powerful adult educator and social innovator. She has been writing and speaking about leisure identities and community building for over twenty-five years. Her provocative style and inspirational ideas have transformed the lives of many of the people that she has come into contact with. Judith is currently the Executive Director of Families for a Secure Future, which is a provincial organization dedicated to providing Facilitation Support to individuals with developmental disabilities and their families. The focus is on supporting them to build networks of support and helping them to "re-imagine" their futures. She is also Director of Youth Speak Theatre a liberation theatre project in Ontario. She is deeply committed to bringing about a transformative change in how people come to see themselves.